

# Northwoods Haven | Addiction Treatment Center MN

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USA

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Northwoods Haven | Addiction Treatment Center MN Recovery is an outpatient addiction-treatment center in Hopkins, Minnesota, founded on April 8, 2025. We offer both Intensive Outpatient (IOP) and standard Outpatient (OP) programs designed to support individuals struggling with alcohol, opioid, stimulant, benzodiazepine, and other substance use disorders. Our services also include dual-diagnosis treatment for co-occurring mental health conditions. At Northwoods Haven Recovery, we combine evidence-based therapies such as CBT, DBT, motivational interviewing, trauma-informed counseling, and group sessions with holistic practices like mindfulness and wellness support. We focus on personalized care and a community-centered recovery approach, helping individuals rebuild healthy and sustainable lives across the Minneapolis-Twin Cities area. Website: <https://northwoodshaven.com/>

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